

GUIDE TO FIRST AID OUTREACH AND DAY SHELTERS

LILLE URBAN DISTRICT - LILLE CENTRAL ZONE



MONDAY TO FRIDAY :



From 10:30 a.m. to 12:15 a.m. : Food distribution, listening, support and collaboration with the Secours Populaire reception center (Lille Fives)
Monday / Wednesday / Friday : République Beaux Arts (by the prefecture)
Tuesday / Thursday : Lille Flandres Train Station



Warm place from 6 p.m. to 7:30 p.m. :
217 Rue des Postes, Lille

Distributions from 7 p.m. to 11 p.m. : Around Lille (Loos, Haubourdin, Faches, ...) and in city center - Distribution : soups, coffees, sandwiches, hygiene products, duvets and blankets.

MONDAY



2:30 p.m. - 5:30 p.m.
Lille City Center
Social outreach



5 p.m. - 6:30 p.m.
Lille City Center,
Wazemmes, Vieux Lille :
Social outreach and
distribution of the aid
guide called "Le Carillon"



6:30 p.m. - 10 p.m.
Lille City Center,
Food distribution

TUESDAY



8 p.m. - 11 p.m.
Lille City Center :
Distribution : food,
hygiene products,
blankets, duvets and
couvertures et duvets,
pet food

WEDNESDAY



10:30 a.m. - 12 a.m.
Lille Fives
Social outreach and distribution of
the aid guide called "Le Carillon"



6:30 p.m. - 8 p.m. (Every other wednesday)
Medical consultation and nursing care at
Restos du Cœur warm place



6:30 p.m. - 9 p.m. :
Train Stations, Matisse Park, République, Rue de Béthune
Distribution : food, hot drinks, food baskets, scarves, gloves and beanies.

THURSDAY



4 p.m. - 5:30 p.m.
St Sauveur Church (park)
Distribution : food, hygiene
products, clothes and advices



8 p.m. - 11 p.m.
Lille city centre
Distribution : food, hygiene
products, blankets, duvets and
pet food

FRIDAY



5 p.m. - 8 p.m.
Medical outreach : medical
consultation, nursing care, distribution
of hygiene products and hot drinks



8:30 p.m. - 1 a.m.
Rihour, République, Train Stations
Distribution : hot drinks, food, clothes
(glove, beanie, scarf, underwear),
blankets, duvets and tents (upon
request)



7:45 p.m. - 11 p.m.
Rihour, République, Palais Rameau, Train Stations, Rue Nationale :
Distribution : sandwiches, hot drinks, water, clothes, hygiene products, winter kits, support



Every other friday, from 7 p.m. to 9 p.m. (odd weeks)
Rihour, République, Train Station
Distribution : food, drinks, clothes, hygiene products, blankets, duvets, tents, support and
advices, nursing care

SATURDAY



9:30 a.m. - 12 p.m
Rue de Fleurus, Train Station, Prefecture,
Wazemmes
Distribution : meals or sandwiches, soups,
coffees, hygiene product and medical advices



**Every other saturday, from 9
a.m. to 11 a.m. (even weeks)**
Rihour, République, Train
Station
Distribution : food, drinks,
clothes, hygiene products,
blankets, duvets, tents, pet
food.

Association "Le Bonheur Instantané"
6 p.m. - 8 p.m.
By St Michel church
Distribution : food, hot drinks

SUNDAY



8:30 a.m. - 10:30 a.m.
November to May : Vieux Lille, Train Stations,
Wazemmes - Viennese pastries, hot drinks
Decembet to march : Breakfast in warm place -
13 Rue de Fleurus



2 p.m. - 6:30 p.m.
République, Solférino, City center, Town Hall,
Wazemmes
Distribution : hygiene products, hot and cold
drinks, snacks, support and advices, phone
battery recharging



4 p.m. - 5:30 p.m.
St Sauveur Church (park)
Distribution : food, hygiene products,
support and advices



**Every last sunday of the month, from 5
p.m. to 7 p.m.**
Rihour, République, Train Stations
Distribution : food, drinks, clothes,
hygiene products, blankets, duvets and
tents, support and advices, nursing care

AND ALSO



La Sauvegarde du Nord : Equipped Van
Hot and cold drinks, social outreach
Wednesday from 10 a.m. to 12 p.m : in front of the
Covered Market (Wazemmes)
Friday from 2:30 p.m. to 5 p.m. : Place Sébastopol



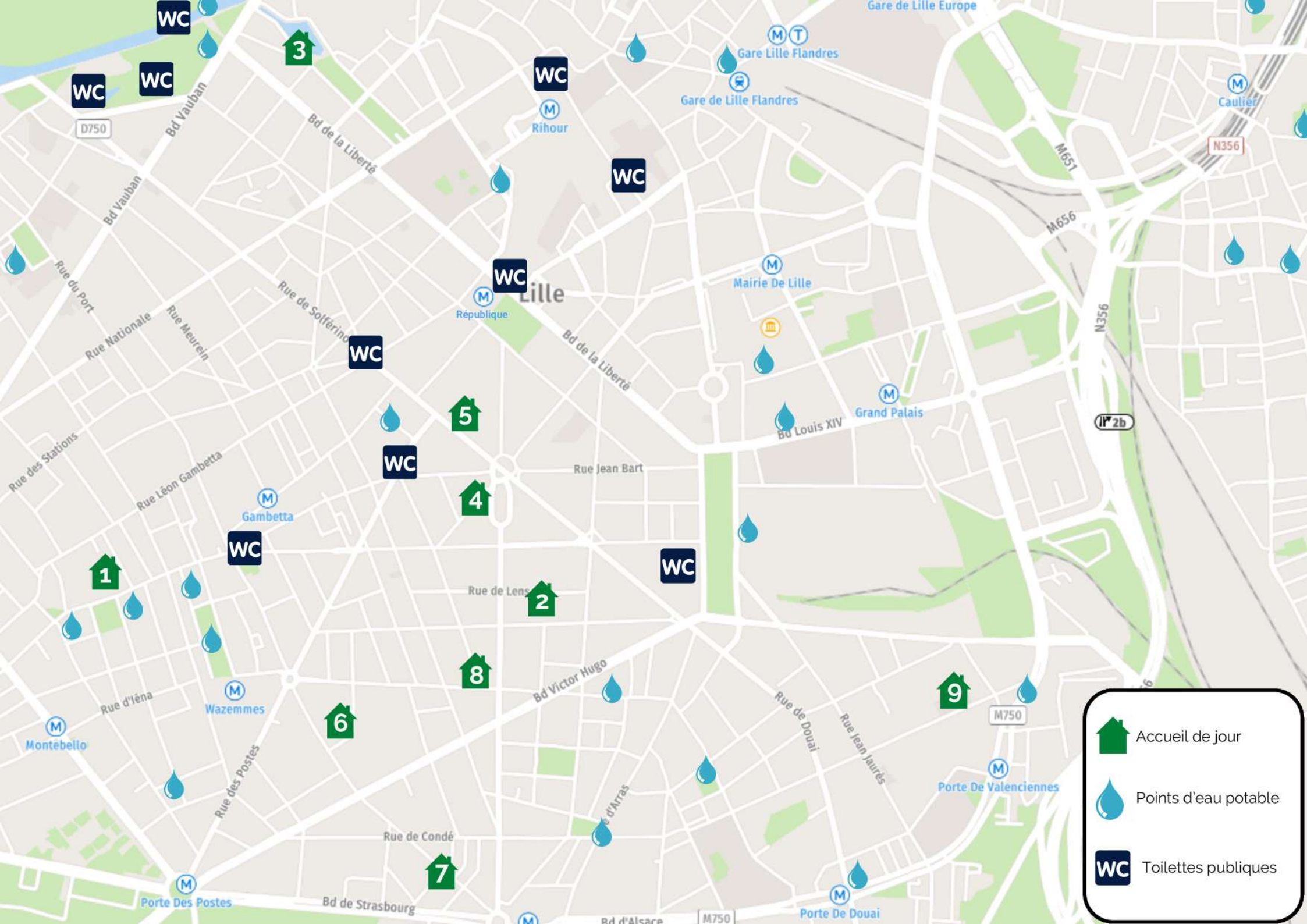
"Les Gamelles pleines" : Every other
Wednesday (even weeks) - Rihour,
rue du Molinel and train stations.
Distribution : pet food and
equipments



Personnal interview to evaluate health needs
(women only), by appointment : 25 rue Degland-
Lille Distribution of hygiene products on
mondays from 2 p.m. to 4 p.m. in Wazemmes, City
Center and Train Stations
To call for an appointment : **06.58.12.22.88**



Personnal interview to evaluate
health needs (women only), by
appointment. Distribution of
hygiene products and clothes in
Lille. To call for an appointment :
07 45 28 78 45





Accueil de jour



Points d'eau potable



Toilettes publiques

DAY CARE CENTERS LOCATED IN THE CENTER OF LILLE.



1

Magdala, 31 rue des Sarrazins
Monday to Friday: 9 a.m. - 11:45 a.m. and Friday: 2 p.m. - 4 p.m.



2

Ozanam, 81 rue Barthélémy Delespaul
Monday to Friday: 8:45 a.m. - 11:30 a.m. and 1:45 p.m. - 4 p.m.
Saturday 8:45 a.m. - 2:30 p.m.



3

Eole, 8 rue de Tenremonde
Monday to Friday: 7:30 a.m. - 12:30 p.m. and 1:30 p.m. - 5 p.m. (closing at 2 p.m. on Thursday). Saturday and Sunday: 8:30 a.m. - 12:30 p.m. and 1:30 p.m. - 5 p.m. - First reception in the morning.



4

ABEJ, Point de repère, 22 parvis St Michel
Monday to Friday: 9 a.m. - 12 p.m. and 1 p.m. - 4 p.m. (closed on Wednesdays).



CAARUD

- 25 yo

5

ABEJ, 228 rue Solférino
Monday to Friday: 8 a.m. - 6 p.m. (except Tuesday morning), Sunday 8 a.m. - 12 p.m.



+ 25 yo

6

AIDA, 60 rue de la Justice,
Monday, Tuesday, Thursday: 8:30 a.m. - 12 p.m. and 2 p.m. - 5 p.m.
Wednesday, Friday: 8:30 a.m. - 12 p.m. / 2 p.m. - 4 p.m.



7

Ile de solidarité, 50 boulevard de Strasbourg
Monday to Friday: 8:30 a.m. - 12 p.m.

WIFI
PHONE BATTERY RECHARGE
GAMES AND SOCIAL ACTIVITIES



8

Rosa, 94 rue de Wazemmes
Monday: 9 a.m. - 5 p.m., Tuesday: 1 p.m. - 8 p.m.,
Wednesday: 9 a.m. - 5 p.m., Thursday: 9 a.m. - 7 p.m.,
Friday: 9 a.m. - 5 p.m.



Violence victims



9

Croix-Rouge, 10-12 place Guy de Dampierre Lille
Monday: 10 a.m. - 12 p.m./2 p.m. - 5 p.m., Tuesday, Wednesday, Thursday: 9 a.m. - 12 p.m./2-5 p.m., Friday: 9 a.m. - 12 p.m.



ADVICES ON RIGHTS AND LISTENING

CIDFF



Women and Family Rights Information Center.
231 Rue Nationale, Lille. Monday to Friday : 9 a.m. - 12:30 p.m. and 1:30 p.m. - 5 p.m.
Phone: 03 20 70 22 18.



J'en Suis J'y Reste

Lesbian Gay Bi Trans Queer Intersex and Feminist Center (LGBTQIF) of Lille
19 Rue de Condé, 59000 Lille. Thursday : 4 p.m. - 10 p.m.
Phone: 03 20 52 28 68

LEGEND



Shower



Baggage storage



Breakfast



Family



Mail Box



Laundry appliance



Meal



Lone parent



Man



Women



Couple



Lunchbox



For foreign people only



Doctor



Specific audience



Dressing room

PRACTICAL INFORMATION



For inquiries or accommodation requests, please call 115.



MSL, 112 chemin des Postes in Loos (People without health insurance)



Secours Populaire, 20 rue Cabanis in Lille (by appointment : call 03 20 71 48 72)



Croix Rouge, 10-12 place Guy de Dampierre, Lille

Monday : 10 a.m. - 12 p.m.

Tuesday to Thursday : 9 a.m. - 12 p.m. and 2 p.m. - 5 p.m.

Friday : 9 a.m. - 12 p.m.



SAMU Social



115 (listening, support, information, guidance)



"Happy Vet" : Solidary veterinarian 07 71 73 75 15

INFORMATION ON ASYLUM APPLICATIONS AND EXILE



To seek asylum, please initiate contact by call to schedule an appointment :

03 28 55 12 35, available Monday to Friday from 9 a.m. to 12 p.m.

1 allée du Chargement, Villeneuve d'Ascq.



Office Français de l'Immigration et de l'Intégration

107 Boulevard de la Liberté, Lille

Monday to Friday - From 9 a.m. to 12 p.m.



Support of exiled minors - Phone : 06.26.30.95.21

Distribution : clothes, hygiene products and equipment

Document produced as part of the coordination of mobile teams.

Printed by the city of Lille.

Do not litter on the public road.

